

AN IMPORTANT MESSAGE FROM

# THE ALLENTOWN ADULT DAY CARE

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**Are you taking care of your parents and think you could use some help? Complete this checklist to determine if you and your loved one can benefit from the services of an Adult Day Care Center.**

**Are you increasingly worried about the health and safety of an elderly loved one who:**

- Needs supervision taking prescribed medications?
- Can no longer be alone at home safely?
- Requires assistance with personal care, eating, bathing or dressing?
- Is confused or forgetful?
- Has Alzheimer's disease or memory loss?
- Has lost interest in hobbies or trying something new?
- Is alone most of the time?
- Does not socialize or stay in touch with friends?
- Needs something to do with their time?
- Is becoming dependent on your time and energy?

**If you answered yes to any of these questions, your loved one will benefit from quality care in the safe, supportive environment of an adult day services center. Call for an appointment to tour our facility.**

**Do something wonderful for your loved one today!**

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Mention this flyer and receive  
1 free day of service including  
breakfast, lunch, fun and good friends!



## Allentown Adult Day Care

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